

Natural Vertigo & Dizziness Relief

How To Eliminate Vertigo & Dizziness In 6 Weeks or Less



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Introduction

The contents of this report are based on personal experience. Through tireless research and trial and error I was able to reduce my Vertigo symptoms quickly & get rid of my condition completely over the following weeks.

Unlike many books which might be available on-line I'm not going to go on and on about these personal experiences as I know your probably anxious to get to the point.

Before you read on I would like to make one thing very clear, if you have not seen your doctor in regard of your balance disorder I would encourage you to do so. Although actual diagnosis of balance disorders is notoriously difficult with the possible exception of BPPV, having serious conditions such as tumours discounted is vitally important.

This report is designed to help those who suffer with acute and re-curing Labrinthitis, Ménière's disease, Unspecified Vertigo & Unspecified Balance Disorders. Plus a section devoted to those suffering with re-curing Benign Paroxysmal Positional Vertigo (BPPV).

Why This Report Is Different?

The aim of this report is to provide a two pronged approach to your balance disorder. Firstly we will look at how to get symptomatic relief as quickly as possible which will help you get on with a normal life, the second prong will concentrate on addressing the underlying contributing factors which may be causing your balance disorder condition.

By treating these underlying issues it is possible to be free from further attacks and thus the accompanying symptoms.

Perhaps this sounds difficult, so let me assure you that it is not and more importantly this method does work providing you adhere to the regime.

The sections are broken down into categories which are designed to help specific conditions, many of these methods are well documented & as such you may have encountered some or all of them before.

You will find The Natural Vertigo & Dizziness Relief method near the end of the book, this method is designed as a method for treating re-curing Labrinthitis, Ménière's disease, Unspecified Vertigo & Unspecified Balance Disorders. (The professional discounting of more serious conditions should be sought first). This is the same method we as a family researched & trialled. The Natural Vertigo & Dizziness Relief regime became my salvation, now hopefully it can be yours.

The Basic Idea Behind This Treatment

My attempts to find sustainable relief from my re-curing balance disorder stems directly as a result of trying to get my life back after being almost bed ridden for nearly 2 years.

If you 'Google' (search the internet), for “what causes balance disorders” you will most probably find hundreds of thousands of website's, but if you take a closer look they are nearly all saying the same thing, almost everyone looks in the same place and therefore comes up with the same answer except a few.

Throughout this book you will see things that you have no doubt seen or heard of before, this is because what works is here, having said that you will read things which you have never heard of before, these ideas are the basis of this treatment method I.e: The Natural Vertigo & Dizziness Relief method.

So what is the idea behind this method?

All diseases and disorders have a cause, we refer to this as the root cause. For many years I personally suffered with a skin disorder (nothing to do with balance disorders), but recently I discovered the root to my skin disorder and how to address it.

The root cause I refer to is autoimmune disease, more and more research has indicated links between many conditions and autoimmune.

What is Autoimmune Disease?

Autoimmune disease is a condition which arises from an over-active immune response of